



This agreement must be completed in full, initialed where indicated, dated, signed, and witnessed prior to participating in CrossFit PAX athletic activities.

Name _____ D.O.B _____ Gender _____

Address _____

City _____ State _____ ZIP _____

Email Address _____ Phone Number(s) _____

Emergency Contact Name _____ Emergency Contact Phone _____

Assumption of Risk - Release of Liability - Waiver of Claims & Indemnity Agreement

BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.

Initialing indicates you have read, understood, and agreed with the content thereafter.

Initial

Assumption of Risk: I, the undersigned, am aware that there are significant risks involved in all aspects of physical training. These risks include, but are not limited to: falls which can result in serious injury or death, injury or death due to negligence on the part of myself, my training partners, or other people around me, injury or death due to improper use or failure of equipment. I willingly assume full responsibility for the risks that I am exposing myself to and accept full responsibility for any injury or death that may result from participation in any activity or class while under direction of CrossFit PAX (FourEight Fitness, L.L.C.)

Furthermore, I understand there are inherent risks in all aspects of physical training and I acknowledge that I have been informed of the possible strenuous nature of CrossFit training and the potential for undesirable physiological results including, but not limited to, abnormal blood pressure, muscle soreness and fainting. I also acknowledge that I have been specifically warned about the medical condition "Rhabdomyolysis" and accordingly I have been advised to limit my effort in order to minimize the risks associated with this condition.

Initial

Release of Liability: In consideration of the above mentioned risks and hazards and in consideration of the fact that I am willingly and voluntarily participating in the activities available at CrossFit PAX (FourEight Fitness, L.L.C.), I, the undersigned hereby release CrossFit PAX (FourEight Fitness L.L.C.), their principals, agents, employees, and volunteers from any and all liability, claims, demands, actions or rights of action, which are related to, arise out of, or are in any way connected with my participation in this activity, including those allegedly attributed to the negligent acts or omissions of the above mentioned parties. This agreement shall be binding upon me, my successors, representatives, heirs, executors, assigns or transferees. If any portion of this agreement is held invalid, I agree that the remainder of the agreement shall remain in full legal force and effect.

Initial

Indemnification: The participant recognizes that there is risk involved in the types of activities offered by CrossFit PAX (FourEight Fitness, L.L.C.) Therefore, the participant accepts financial responsibility for any injury that the participant may cause either to him/herself or to any other participant due to his/her negligence. Should the above-mentioned parties, or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to reimburse them for such fees and costs. I further agree to indemnify and hold harmless CrossFit PAX (FourEight Fitness, L.L.C.), their principals, agents, employees, and volunteers from liability for the injury or death of any person(s) and damage to property that may result from my negligent or intentional act or omission while participating in activities offered by CrossFit PAX (FourEight Fitness, L.L.C.)

Initial

Photo Release: I understand that it is common for photos to be taken in the CrossFit PAX facility and by initialing below I am giving CrossFit PAX (FourEight Fitness, L.L.C.) permission to use any photographs of myself taken while participating in CrossFit PAX activities or events.

I have read and understood the foregoing assumption of risk, and release of liability and I understand that by signing it obligates me to indemnify the parties named for any liability for injury or death of any person and damage to property caused by my negligent or intentional act or omission. I understand that by signing this form, I am waiving valuable legal rights.

Sign

Signature _____ Date _____

Signature of Parent if participant is under 18 years of age _____

Signature of CrossFit PAX Trainer & Witness _____

Printed Name of CrossFit PAX Trainer & Witness _____

Office Use Only

- Drop In, Free Intro, Class Attended, 2 Day T-shirt, Group Fundamentals, Personal Fundamentals, New Member, Other, Paid?, Payment Method, CC, Cash, Check, Admin, ZP profile